BARTS Medical Support Requirements for Alpine Disciplines

Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all the tables in this document, an example form is available to consult. This form is available to download from www.gbski.com , as are blank versions of this form.

Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators –from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) **C**onfirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team *This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.*	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	**Information to be published**
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or .....
Event Medical Director *This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.*	**Evacuation protocols** for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	**Details** of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Pontypool	**CoR**	Adam Bloom
Event Dates	22/07/2023	**Event Status**	
Event Doctor *(if appropriate)*	n/a	Phone: +44.....	
First Aid provided by name:	St Johns AMBULANCE	First aider or Paramedic *delete as appropriate*	

Local Surgery or NHS 'walk-in' centre ***(if appropriate)***	**There are 3 minor injury services equal distance from Pontypool: Royal Gwent Hospital (south) and Nevill Hall (North) and Ysbyty Ystrad Fawr (West) located in our enhanced local hospitals. All 22 minutes by Car** Royal Gwent Hospital, Cardiff road, Newport, NP20 2UB **01633 234234** **Open 24 hours** **Nevill hall Hospital, Brecon road, Abergavenny, NP4 7EG** **01873732732** **Open 24 hours** **Ysbyty Ystrad Fawr, Ysrad Mynach, Hengoed, CF827GP, 01443802200** **Open 24 hours (subject to staffing)** **There are no GP walk in centres, out of hours GP can be contacted via the 111 service**	**Level of Care:** **Minor Injuries, run by highly experience emergency nurse practitioners (can only treat children over 1 year, if less than one year go to the Grange university Hospital)** **Can visit these units for**: Minor limb injuries (including fractures and minor joint dislocations) Wounds, minor burns Head injury and Face injuries provided no loss of consciousness Minor neck injuries and minor back injuries provided no pins and needles, able to walk and not fallen more than 5 stairs or 1 metre. Eye, ear and nose injuries. Rib injuries Insect, animal and human bites. https://abuhb.nhs.wales/healthcare-services/enhanced-local-general-hospitsals/minor-injury-units/ **111.nhs.uk**
Hospital	Grange University Hospital Carleon road, Llanfecfra, Cwmbran NP44 8YN **Phone: 01633 493100** **From Venue:** 10 min (7.7 km) with ambulance/car **Directions**: Turn left out of ponypool active living and join A472, at roundabout take the a4020 southbound and follow signs.	**Level of Care:** **Accident and Emergency, all acute hospital specialities including Paediatrics and Obstetrics.** **DOES NOT HAVE MINOR INJURIES: PLEASE SEE ABOVE FOR MINOR INJURIES.**

Pharmacy	**Address:** Boots Pontypool, 4 George st, Pontypool, NP4 6LR **Phone: 01495 762727** **From Venue: 3 minutes** **Directions: can walk into town through park (past Pontypool museum) 10 minutes** **3 minutes by car (can park by Tesco or civic centre)**	Open Saturday 09:00 to 17:30, closed on Sunday. Boots 10-14 The Mall, Cwmbran NP441PX, 01633 483281 open Sunday 10-4pm.
Slope patrol	**In contact by**	**Slope patrol** on-site during racing no Officials will have radios to call for for first aider to attend as needed.
Ambulance	**In contact by phone 999**	**Location** **From Venue:** minutes km
Slope accident Protocol	**First aid located at:** **St Johns ambulance providing**	**1. Official on slope to radio for medical attention** **2.** **3.** **4.** **5** *(Advice based on acuity of injury and consultation with parent/coach.)* **7.** TD completes accident form or notes on report.
Crowd / Public Protocol ***Only if different from above***	**First aid located at: all as above** **Doctor located at:** **In contact by:**	All as above
Back-up plan		
Defibrillator Equipment	**Is there a Defibrillator (AED) on site?** **Where is it located?** **Is there a person on site trained to use the equipment?** **If not on site, nearest Defibrillator located at:**	Yes in Pontypool active leisure centre, access via 999 Yes Details

The Medical arrangements fully meet the criteria for BARTS competitions				Yes/ No If no identify issue below	
Description	**Yes/No**	**Complies fully with Rule 1? Y/N**	**Degree of compliance 1-5 (where 5 = fully in place)**	**If not fully complied, reason**	
		Y	5		
Signed:		**Technical Delegate/Chief of Race/Chief of Champs** *Delete as appropriate*		**Date:**	

The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).
Please email completed forms to sponsoring constituent group.